



## Inhibition of Nuclear Factor $\kappa$ B by Direct Modification in Whole Cells—Mechanism of Action of Nordihydroguaiaritic Acid, Curcumin and Thiol Modifiers

Paul Brennan\* and Luke A.J. O'Neill

DEPARTMENT OF BIOCHEMISTRY, TRINITY COLLEGE, DUBLIN, IRELAND

**ABSTRACT.** This study was set up to investigate the mechanism of four inhibitors of interleukin-1(IL-1)- $\alpha$  and tumor necrosis factor-(TNF) $\alpha$  activated nuclear factor  $\kappa$ B (NF $\kappa$ B) in whole cells. The compounds fall into two classes: the first comprised two chain-breaking antioxidants, curcumin (diferulolylmethane) and nordihydroguaiaritic acid. The second class were two thiol-modifying agents, *N*-ethylmaleimide (NEM) and 2-chloro-1,3-dinitrobenzene (CDNB). Both sets of compounds were found to inhibit NF $\kappa$ B in tumour necrosis factor-activated Jurkat T lymphoma cells and interleukin 1-activated EL4.NOB-1 thymoma cells as determined by electrophoretic mobility shift assay using a specific NF $\kappa$ B DNA probe. In unstimulated cells the compounds were found to modify NF $\kappa$ B prior to chemical dissociation with sodium deoxycholate. They also inhibited DNA binding by NF $\kappa$ B when added to nuclear extracts from stimulated cells. Both of these effects occurred over a concentration range comparable to that which inhibited cytokine-activated NF $\kappa$ B in intact cells. All four agents were found to react directly with the p50 subunit of NF $\kappa$ B. However, only the antioxidants, curcumin and nordihydroguaiaritic acid (NDGA) were found to inhibit I $\kappa$ B $\alpha$  degradation activated by tumour necrosis factor- $\alpha$ . These results suggest that NF $\kappa$ B itself is susceptible to direct inhibition by a range of pharmacological agents. Furthermore, curcumin and nordihydroguaiaritic acid inhibit NF $\kappa$ B by interfering with I $\kappa$ B $\alpha$  degradation and reacting with p50 in the NF $\kappa$ B complex. These findings are likely to be useful in the attempt to develop agents which inhibit NF $\kappa$ B-dependent gene transcription. *BIOCHEM PHARMACOL* 55;7:965–973, 1998. © 1998 Elsevier Science Inc.

**KEY WORDS.** nuclear factor  $\kappa$ B; interleukin-1; tumor necrosis factor; nordihydroguaiaritic acid; curcumin; *N*-ethylmaleimide

NF $\kappa$ B $\dagger$  is a transcription factor implicated in the expression of many genes, particularly those of the inflammatory and immune responses [1]. It is activated by a wide range of agents including lipopolysaccharide, double stranded RNA, viruses and the cytokines IL-1 $\alpha$  and TNF $\alpha$ . Several of the genes induced in response to IL-1 $\alpha$  and TNF $\alpha$  have NF $\kappa$ B binding motifs in their 5' flanking regions including those for IL-2, IL-2 receptor  $\alpha$  chain, serum amyloid A, the human immunodeficiency virus long terminal repeat and several cell adhesion molecules [2–6]. NF $\kappa$ B activation may therefore be viewed as a key event in the signaling pathway leading to changes in the expression of such genes. For these reasons, NF $\kappa$ B has been implicated in many pathological conditions, including AIDS, rheumatoid arthritis, septic shock and asthma [7]. The selective inhibition of NF $\kappa$ B may offer a target for therapeutic intervention in some of these conditions.

While there are many different forms of NF $\kappa$ B, the predominant form of NF $\kappa$ B in unstimulated cells occurs in the cytoplasm as a heterodimer of two proteins, p50 and p65 complexed to an inhibitory subunit called I $\kappa$ B $\alpha$  (see [1] for review). Upon cell stimulation this inhibitory subunit is released allowing migration of the heterodimer to the nucleus where it can bind to DNA and increase transcription. A mechanism of activation has been proposed in which I $\kappa$ B becomes phosphorylated and dissociates from the NF $\kappa$ B heterodimer [8, 9]. The proteolysis of I $\kappa$ B has been shown to be crucial in the activation process [8, 10]. The sites of I $\kappa$ B phosphorylation have been demonstrated to be serines 32 and 36. A kinase which phosphorylates these sites, entitled I $\kappa$ B kinase, has also been identified [11]. However, other kinases have also been shown to affect these sites either directly or indirectly such as MEKK and p90 ribosomal S6 kinase [12, 13] suggesting that I $\kappa$ B phosphorylation may be a site of integration of different signalling pathways.

Experiments have also been presented suggesting that reactive oxygen intermediates are a common signal which drive the activation process [14–17]. Much of the evidence is based on a pharmacological approach, whereby antioxidants such as *N*-acetylcysteine have been shown to

\* Corresponding author: Paul Brennan, Lymphocyte Activation Laboratory, Imperial Cancer Research Fund, 44 Lincoln's Inn Fields, London WC2A 3PX, United Kingdom. Tel. 0171-269–3231. FAX 0171-269–3479.

$\dagger$  Abbreviations: CDNB, 2-chloro-1,3-dinitrobenzene; DOC, sodium deoxycholate; EMSA, electrophoretic mobility shift assay; I $\kappa$ B, inhibitor of nuclear factor for immunoglobulin  $\kappa$  chain in B cells; IL-1, interleukin 1; NDGA, nordihydroguaiaritic acid; NEM, *N*-ethylmaleimide; NF $\kappa$ B, nuclear factor  $\kappa$ B; TNF, tumour necrosis factor.

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inhibit NF $\kappa$ B activation [14, 16]. In addition, one study has demonstrated that over-expression of enzymes which affect the level of oxygen radicals in cells modulate NF $\kappa$ B activation [17]. Apart from the oxidative activation of NF $\kappa$ B, other studies have somewhat paradoxically demonstrated that DNA binding by NF $\kappa$ B can be inhibited by the modification of a sensitive thiol at cysteine 62 in the p50 subunit [18–20]. This thiol must, therefore, be maintained in a reduced state for DNA binding to occur. It has been hypothesised that oxidative inhibition of NF $\kappa$ B may occur in the cytosol and that NF $\kappa$ B may be translocated to the nucleus as a reversibly oxidised protein [21].

In this study we investigated the mechanisms of inhibition of two naturally occurring chain-breaking anti-oxidants, curcumin (diferulolylmethane) and NDGA. We have compared their effects to two thiol-modifying agents, NEM and CDNB, in order to assess the importance of oxygen radicals and thiol reactivity in whole cells. Curcumin and NDGA inhibit the activation process but also directly modify NF $\kappa$ B. In contrast, NEM and CDNB appear to inhibit solely by modifying NF $\kappa$ B, indicating that it contains the most important target thiol in the NF $\kappa$ B system for both activation and DNA binding. This data demonstrates the importance of NF $\kappa$ B modification in whole cells suggesting that this may offer an important mechanism of inhibition.

## MATERIALS AND METHODS

### Materials

The murine thymoma cell line EL4.NOB-1 and the human lymphoblast Jurkat E6.1 were obtained from the European Collection of Animal Cell Cultures. RPMI 1640 and FCS were from Greiner GmbH. Penicillin-streptomycin was purchased from Life Technologies. Human recombinant TNF $\alpha$  was a gift from Dr. Steve Foster, Zeneca Pharmaceuticals. IL-1 $\alpha$  was a gift from Dr. J. Saklatvala (Kennedy Institute for Rheumatology-Sunley Division). Poly (dI.dC) was from Pharmacia Biosystems. T4 polynucleotide kinase, the 22-bp oligonucleotide containing the NF $\kappa$ B consensus sequence (underlined) (5'-AGTTGAGGGGACTTTC CAGGC-3') and human recombinant p50 were purchased from Promega. Affinity-purified rabbit polyclonal antibody raised against the amino terminal domain of human I $\kappa$ B $\alpha$ /MAD-3 was supplied by Santa Cruz Biotechnology, Inc. Enhanced Chemiluminescence (ECL) reagents and anti-mouse IgG peroxidase conjugate were from Amersham International. Curcumin, NDGA, CDNB, NEM, nuclease-free bovine serum albumin, goat anti-rabbit IgG (whole molecule) peroxidase conjugate, sodium deoxycholate and all other reagents including nuclease free BSA and Nonidet P40 were supplied from Sigma.

### Cell Culture

EL4.NOB-1 and Jurkat E6.1 T cells were grown in RPMI 1640 medium supplemented with 10% fetal calf serum

and 100 units/mL of penicillin-streptomycin. Cells were maintained at 37° in a humidified atmosphere of 5% CO<sub>2</sub>.

### Preparation of Subcellular Fractions

Subcellular fraction were prepared as described previously [22]. Briefly EL4.NOB-1 or Jurkat E6.1 cells ( $1 \times 10^6$ /mL– $5 \times 10^6$ /mL) were plated into 24 well plates (16 mm diameter) 20 min before stimulation. Cells were then pretreated with inhibitors as indicated and activated with IL-1 $\alpha$  (10 ng/mL) or TNF $\alpha$  (10 ng/mL) for 1 hr. Stimulation of cells was terminated by addition of ice-cold PBS and nuclear and cytosolic extracts were prepared as described previously [18]. Protein concentrations of nuclear extracts were determined by the method of Bradford [23] and the extracts were assayed immediately for NF $\kappa$ B activity or stored at –20°. All of the above steps were performed at 4° unless otherwise stated.

### Electrophoretic Mobility Shift Assay

NF $\kappa$ B binding activity was determined using the EMSA [24]. Four micrograms of protein was incubated with 10,000 cpm of a [ $\gamma$ -<sup>32</sup>P]-labelled 22-bp oligonucleotide containing the NF $\kappa$ B consensus sequence, 2  $\mu$ g of poly(dI-dC) and binding buffer (4% glycerol, 1 mM of EDTA, 10 mM of Tris, pH 7.5, 100 mM of NaCl, 0.1 mg/mL of nuclease free BSA) at room temperature for 30 min. The oligonucleotide was labelled with [ $\gamma$ -<sup>32</sup>P]ATP (10 mCi/mL) by T4 polynucleotide kinase. In the case of cytosolic extracts cell free activation of latent NF $\kappa$ B activity was required. This was done by the pretreatment of extracts (4  $\mu$ g of protein) with 0.8% (w/v) sodium deoxycholate and 1.1% (w/v) Nonidet P40 for 10 min on ice prior to incubation as described above with the labelled oligonucleotide probe. All incubations were subjected to electrophoresis on a 5% native polyacrylamide gel. The gel was dried and autoradiographed at –70° overnight.

### In Vitro Experiments with Nuclear Extracts and p50

Nuclear extracts (4  $\mu$ g) from TNF $\alpha$  or IL-1 $\alpha$ -stimulated cells (10 ng/mL, 1 hr) were incubated *in vitro* with increasing concentrations of curcumin, NDGA, CDNB, NEM or vehicle control for 10 min at room temperature. Binding buffer and poly dI.dC were then added, followed by a 30 min incubation with radiolabelled NF $\kappa$ B probe. Extracts were analysed for NF $\kappa$ B-DNA binding activity by EMSA.

Experiments were also carried out with recombinant human p50. p50 was in a DTT-free buffer comprising 10 mM of Tris-HCl pH 7.5, 1 M of NaCl, 10 mM of EDTA, 40% glycerol 1 mg/mL of nuclease-free BSA. Eleven ng of p50 were incubated with increasing concentrations of curcumin, NDGA, CDNB or NEM for 15 min at room temperature prior to assessing DNA binding.

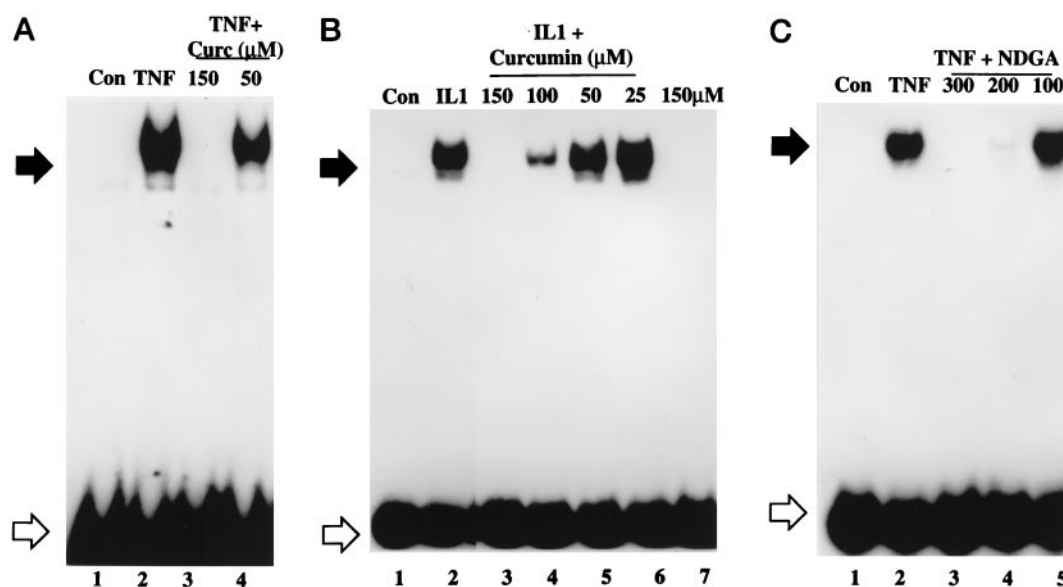


FIG. 1. Curcumin and NDGA inhibit NF $\kappa$ B activation by TNF $\alpha$  and IL-1 $\alpha$  in Jurkat E6.1 and EL4.NOB-1 cells. Cells ( $5 \times 10^6$ /mL) were pretreated with the indicated concentrations of curcumin (A, Jurkat E6.1 and B, EL4.NOB-1) or NDGA (C, Jurkat E6.1) for 30 min, followed by stimulation with TNF $\alpha$  (10 ng/mL, A and C) or IL-1 $\alpha$  (10 ng/mL, B) for 1 hr. Nuclear extracts were prepared subsequent to stimulation and analysed for NF $\kappa$ B binding as described under Materials and Methods. Closed arrowheads indicate induced NF $\kappa$ B-DNA complexes and open arrowheads indicate unbound DNA.

#### Anti-I $\kappa$ B $\alpha$ Immunoblot Analysis

Cells ( $5 \times 10^6$ – $1 \times 10^7$ ) were preincubated in RPMI for 15 min at 37° prior to treatment with curcumin, NDGA, CDNB or NEM for 30 mins. Samples were then either unstimulated or stimulated with IL-1 $\alpha$  (10 ng/mL) or TNF $\alpha$  (10 ng/mL) for 20 min. Stimulation was terminated by the addition of ice-cold PBS and the samples were centrifuged at 150  $g$  for 5 min. Cell lysates were prepared and then assessed for I $\kappa$ B $\alpha$  by immunoblotting as described previously [18].

## RESULTS

#### Curcumin and NDGA Inhibit NF $\kappa$ B Activated by IL-1 $\alpha$ or TNF $\alpha$

Two T cell lines, the murine thymoma EL4.NOB-1 and the human lymphoma Jurkat E6.1 were tested for inhibition of NF $\kappa$ B by curcumin and NDGA. We have previously shown EL4 to respond strongly to the cytokine IL-1 $\alpha$  [18] while Jurkat are commonly used in TNF $\alpha$  studies. The NF $\kappa$ B complexes have been characterised in both cell types [18, 25]. Both cell types were pre-incubated with the agents for 30 min prior to cytokine stimulation for 1 hr. Cells were harvested and washed once in PBS. Nuclear extracts were generated and NF $\kappa$ B binding activity in the nuclear extracts was assayed by electrophoretic mobility shift assay. NF $\kappa$ B binding was activated strongly by both IL-1 $\alpha$  and TNF $\alpha$ . The response to both cytokines was inhibited by curcumin and NDGA (Fig. 1). A concentration of 150  $\mu$ M curcumin abolished the effect of both TNF $\alpha$  in Jurkat (Fig. 1A, compare lanes 2 and 3) and IL-1 $\alpha$  in EL4 (Fig. 1B, compare lanes 2 and 3). Two hundred  $\mu$ M of NDGA was required to fully inhibit TNF $\alpha$  (Fig. 1C, compare lanes 2

and 4) or IL-1 $\alpha$  (not shown). No toxicity was apparent at these concentrations, as judged by trypan blue exclusion and lactate dehydrogenase release assays (not shown), and neither agent on their own activated NF $\kappa$ B, as shown for 150  $\mu$ M of curcumin in Fig. 1B (lane 7).

#### Curcumin and NDGA Modify NF $\kappa$ B Prior to Chemical Dissociation with Deoxycholate and React with NF $\kappa$ B In Vitro

In a previous study we demonstrated inhibition of NF $\kappa$ B with herbimycin A, a putative tyrosine kinase inhibitor, by chemical modification of the NF $\kappa$ B complex [18]. We therefore next determined whether the effect of the compounds under examination here could also be explained in terms of such modification. Two approaches were taken. The first involved treating Jurkat with either agent, preparing a cytosolic extract, releasing NF $\kappa$ B from I $\kappa$ B with the detergent deoxycholate and carrying out a DNA binding assay. Secondly, the agents were added *in vitro* to nuclear extracts from stimulated cells prior to assaying for DNA binding. In both cases the agents were found to be inhibitory. Lanes 1 and 2 in Fig. 2A and 2B demonstrate how deoxycholate reveals latent NF $\kappa$ B in cytosolic extracts. Prior incubation of cells with curcumin or NDGA markedly decreased the DNA binding revealed by deoxycholate *in vitro*. Cells incubated with 150  $\mu$ M of curcumin (Fig. 2A lane 4) or 200–300  $\mu$ M of NDGA (Fig. 2B, lanes 4 and 6) were found have less NF $\kappa$ B DNA binding activity released by deoxycholate in cytosolic extracts. This suggests that NDGA and curcumin are able to modify the NF $\kappa$ B-I $\kappa$ B complex in the cytosol. These concentrations were similar to those previously found to block activation in cells

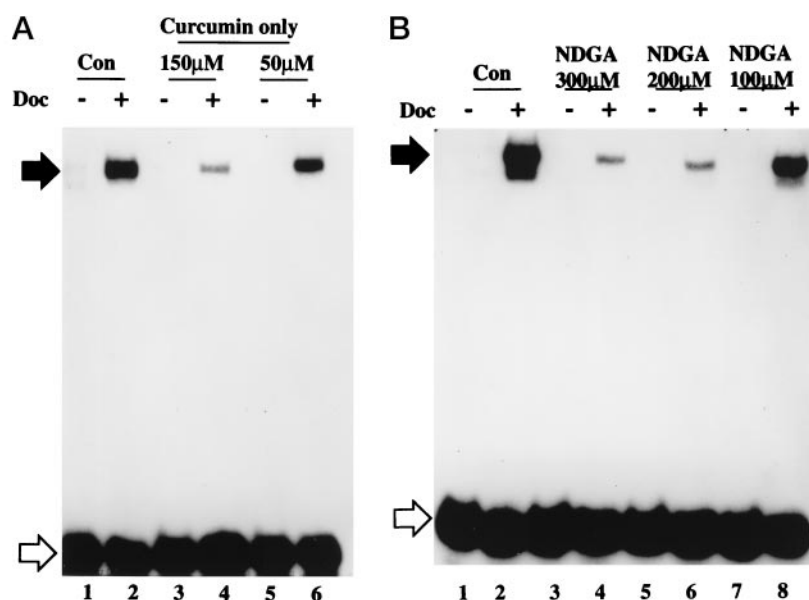


FIG. 2. Curcumin and NDGA modify cytosolic NFκB prior to chemical dissociation with deoxycholate. A and B, Jurkat E6.1 ( $5 \times 10^6$ /mL) were left untreated (A and B, lanes 1 and 2) or were treated with the indicated concentrations of curcumin (A) or NDGA (B) for 2 hr; cytosolic extracts were prepared and left untreated (A and B, lanes 1, 3, 5 and 7 (B only)) or were treated with deoxycholate and Nonidet P-40 (A and B, lanes 2, 4, 6 and 8 (B only)) as described. Samples were then assayed for NFκB. Closed arrowheads indicate detergent-released NFκB-DNA complexes and open arrowheads indicate unbound DNA.

treated with TNFα or IL-1α. Figure 3A and 3B demonstrate that NDGA or curcumin added to nuclear extracts prepared from TNFα-treated Jurkat inhibited DNA binding. Again, similar concentrations to those in intact cells were effective, with 150 μM of curcumin (Fig. 1C, lane 4) and 300 μM of NDGA (Fig. 1D, lane 4) inhibiting. Vehicle (DMSO) was without effect (Fig. 3A and 3B, lanes 6 and 3 respectively). A similar result was obtained with extracts from IL-1α-treated cells (not shown). These results implied

that the anti-oxidant effect of these compounds would not be the only means by which they inhibit NFκB.

#### *The Thiol-Reactive Agents CDNB and NEM Inhibit NFκB by Direct Modification*

We next compared the effect of curcumin and NDGA to the thiol-reactive agents CDNB and NEM, which would be expected to modify NFκB directly. NEM has been charac-

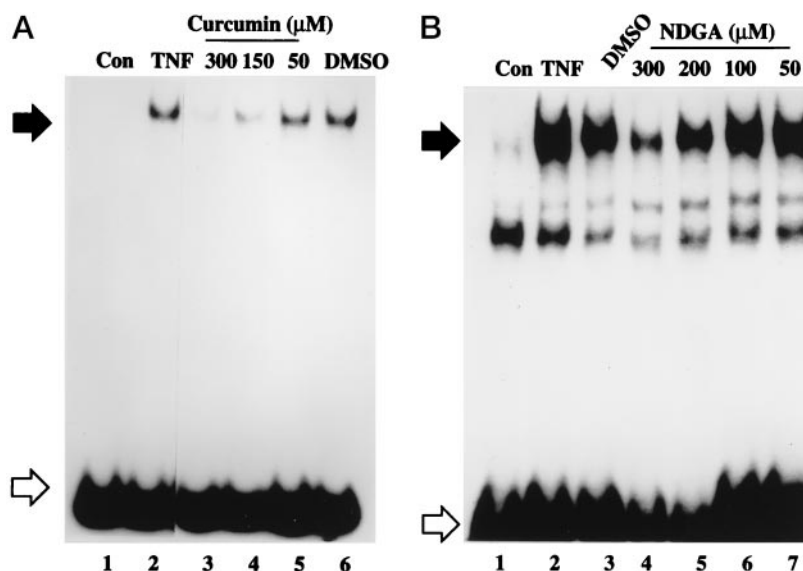
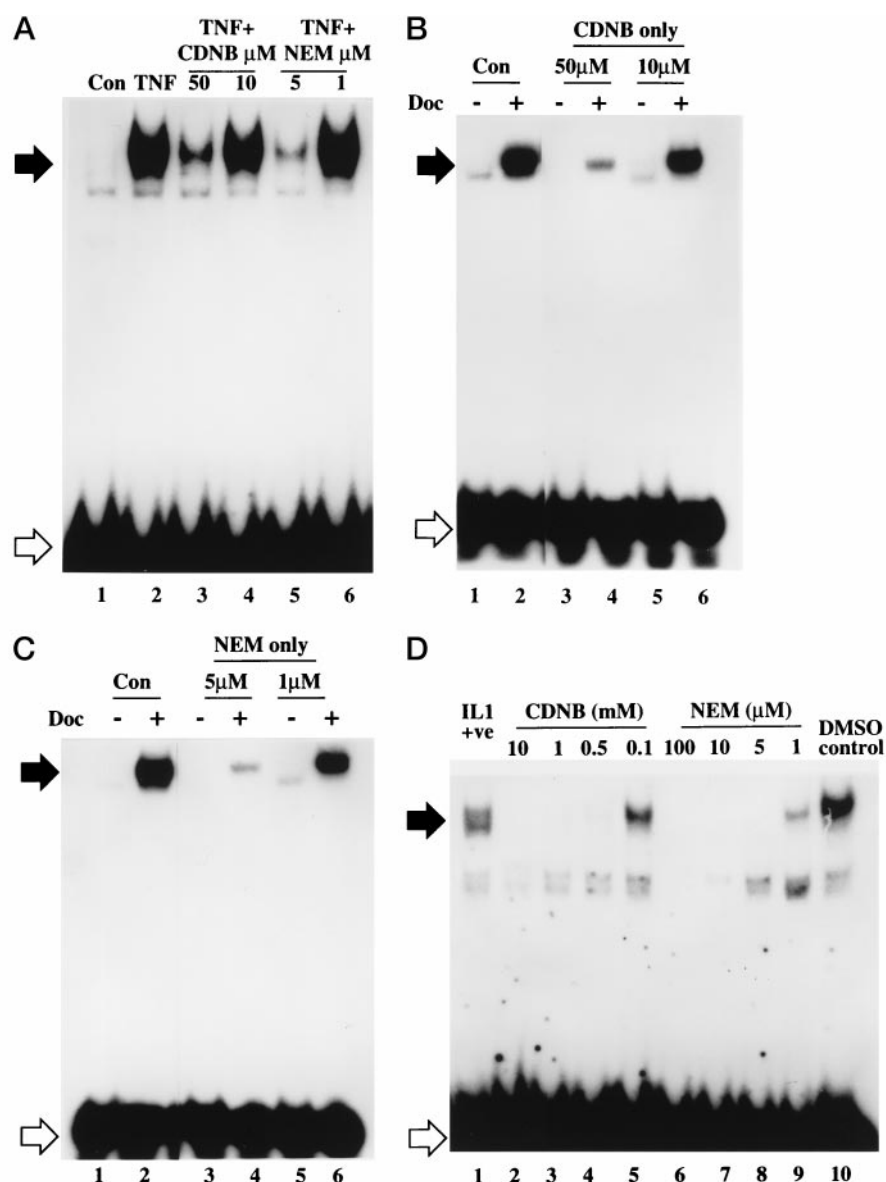


FIG. 3. NDGA and curcumin inhibit NFκB DNA binding *in vitro* A and B, nuclear extracts (4 μg) from TNFα-stimulated cells (10 ng/mL) (A and B, lane 2) were incubated *in vitro* with the indicated concentrations of curcumin (A, lanes 3–5) or NDGA (B, lanes 4–7) or vehicle carrier (DMSO) (A, lane 6; B, lane 3) for 15 min at room temperature. Binding buffer and poly(dI-dC) were then added, followed by a 30 min incubation with radiolabelled NFκB probe. Samples were then assayed for NFκB. Closed arrowheads indicate NFκB-DNA complexes and open arrowheads indicate unbound DNA.





**FIG. 4.** CDNB and NEM inhibit NF $\kappa$ B activation by TNF $\alpha$ , modify cytosolic NF $\kappa$ B prior to chemical dissociation with deoxycholate and react directly *in vitro* with activated NF $\kappa$ B. **A**, Jurkat E6.1 ( $5 \times 10^6$ /mL) were pretreated with the indicated concentrations of CDNB or NEM for 30 min, followed by stimulation with TNF $\alpha$  (10 ng/mL) for 1 hr. Nuclear extracts were prepared subsequent to stimulation and analysed for NF $\kappa$ B binding as described. Closed arrowhead indicates induced NF $\kappa$ B-DNA complexes and open arrowhead indicates unbound DNA. **B and C**, Jurkat E6.1 ( $5 \times 10^6$ /mL) were left untreated ('Con') (**B and C**, lanes 1 and 2) or were treated with the indicated concentrations of CDNB (**B**) or NEM (**C**) for 2 hr; cytosolic extracts were prepared and left untreated (**B and C**, lanes 1, 3 and 5) or were treated with deoxycholate and Nonidet P-40 (**B and C**, lanes 2, 4 and 6) as described. Samples were then assayed for NF $\kappa$ B. Closed arrowheads indicate detergent-released NF $\kappa$ B-DNA complexes and open arrowheads indicate unbound DNA. **D**, nuclear extracts (4  $\mu$ g) from IL-1 $\alpha$ -stimulated cells (10 ng/mL) ('Con IL-1 $\alpha$  + ve') (lane 1) were incubated *in vitro* with the indicated concentrations of CDNB (lanes 2–5) or NEM (lanes 6–9) or vehicle carrier ('DMSO control') (lane 10) for 15 min. Binding buffer and poly(dI-dC) were then added, followed by a 30 min incubation with radiolabelled NF $\kappa$ B probe. Samples were then assayed for NF $\kappa$ B. Closed arrowhead indicates NF $\kappa$ B-DNA complexes and open arrowhead indicates unbound DNA.

terised in terms of effects on NF $\kappa$ B *in vitro* [26] and it has been suggested that it can modify a key cysteine in the p50 subunit of NF $\kappa$ B at position 62 [20]. Both compounds were found to block NF $\kappa$ B activation by TNF $\alpha$  in Jurkat cells, with 50  $\mu$ M of CDNB and 5  $\mu$ M of NEM proving inhibitory (Fig. 4A, lanes 3 and 5). Similar to curcumin and NDGA, both CDNB and NEM inhibited NF $\kappa$ B as revealed by chemical dissociation with deoxycholate, as shown in

Fig. 4B and 4C. Fifty  $\mu$ M of CDNB (Fig. 4B, lane 4) and 5  $\mu$ M of NEM (Fig. 4C, lane 4) were effective, which agreed with the inhibitory concentrations in TNF $\alpha$ -treated cells.

Both of these compounds were also shown to react with NF $\kappa$ B *in vitro*. Incubation of nuclear extracts from IL-1 $\alpha$ -treated cells with 500  $\mu$ M of CDNB (Fig. 4D, lane 5) or 5  $\mu$ M of NEM (Fig. 4D, lane 9) inhibited DNA binding

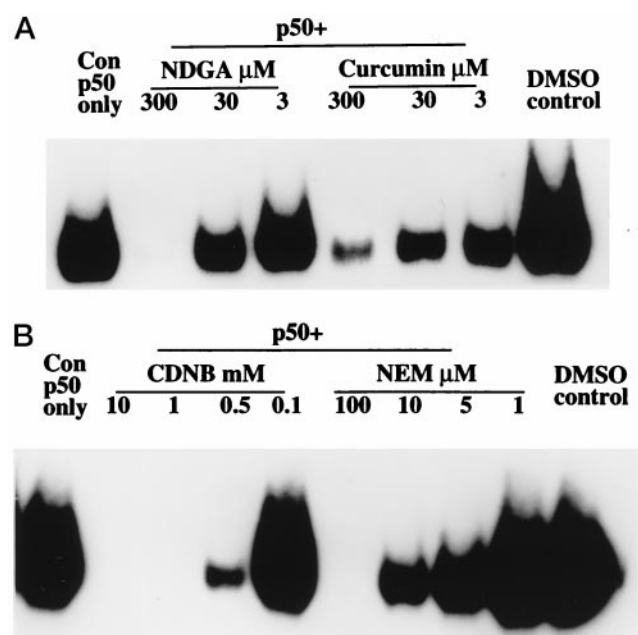


FIG. 5. p50 inhibition by curcumin, NDGA, CDNB and NEM. Eleven ng of human recombinant p50 were incubated with the indicated concentrations of compounds for 15 min at room temperature. Binding buffer and poly(dI-dC) were then added and the samples were assessed for  $\kappa$ B binding as described. Protein-DNA complexes are shown.

relative to untreated or vehicle-treated extracts (lanes 1 and 10 respectively). A similar result was obtained with extracts from TNF $\alpha$ -treated cells (not shown). Again, these concentrations were comparable to those which inhibited NF $\kappa$ B activation by IL-1 $\alpha$  or TNF $\alpha$  in intact cells.

#### Curcumin, NDGA and Thiol Modifiers React Directly with Human Recombinant p50

The results indicated that all four compounds could modify NF $\kappa$ B directly and that this was likely to be important for their inhibitory effect in intact cells. We felt it was important to determine if this could occur in the presence of only p50 or if other cytoplasmic proteins were required. To test this various doses of all four inhibitors were incubated with recombinant p50. All four compounds inhibited (Fig. 5). Figure 5A demonstrates the inhibition of p50 binding by NDGA and curcumin. Curcumin inhibited substantially at 3  $\mu$ M, which was lower than the concentration required to inhibit in whole cells (Fig. 1). For NDGA the same concentration, 300  $\mu$ M, inhibited p50 binding and NF $\kappa$ B binding in whole cells. However, with CDNB and NEM higher concentrations were required to inhibit p50 DNA binding than were required in whole cells (compare Fig. 5B and Fig. 4A). This could indicate that different NF $\kappa$ B complexes were modified in whole cells or may reflect an increase in effective concentration in whole cells.

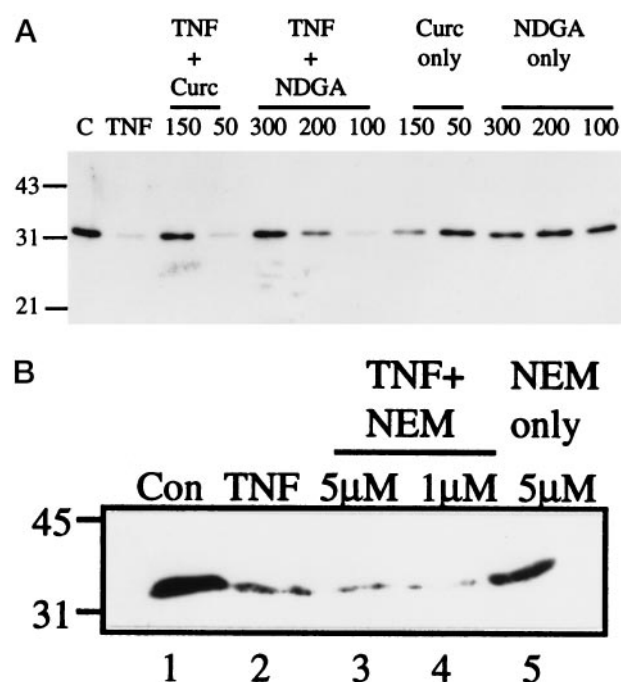


FIG. 6. Curcumin and NDGA but not NEM inhibit TNF $\alpha$ -stimulated I $\kappa$ B $\alpha$  degradation. Jurkat E6.1 ( $5 \times 10^6$ /mL) were pretreated with either medium or the indicated concentrations of curcumin or NDGA (A) or NEM (B) for 30 min prior to stimulation with 10 ng/mL TNF $\alpha$  (A, lanes 2–7; B, lanes 2–4) or medium alone for 20 min (A, lanes 8–12; B, lane 5). Cell lysates were prepared according to the method outlined under Materials and Methods and subjected to SDS-polyacrylamide gel electrophoresis. Proteins were transferred to nitrocellulose membranes and probed with anti-I $\kappa$ B $\alpha$  antibody. Blots were developed as recommended for enhanced chemiluminescence. The major protein detected was of  $M_r$  37,000 and corresponded to I $\kappa$ B $\alpha$  as indicated. Molecular weight markers are shown in kilodaltons.

#### Curcumin and NDGA but not NEM Inhibit TNF $\alpha$ -Activated I $\kappa$ B Degradation

Given the anti-oxidant properties of curcumin and NDGA, a possible event sensitive to these agents would be I $\kappa$ B degradation, as this is a key step in the NF $\kappa$ B activation process. We therefore tested the effect of the compounds on I $\kappa$ B degradation induced by TNF $\alpha$ . Treatment of Jurkat for 20 min with 10 ng/mL of TNF $\alpha$  caused a marked degradation of I $\kappa$ B $\alpha$  (Fig. 6A, lane 2). Pretreatment of cells with 150  $\mu$ M of curcumin (lane 3) or 200  $\mu$ M of NDGA (lane 6) inhibited this response. Neither drug induced degradation on their own (lanes 8–12). This result was in contrast to NEM, which at 5  $\mu$ M had no effect on TNF $\alpha$ -induced degradation (Fig. 6B, lane 3). Similarly, no effect was seen with CDNB (not shown). This result highlighted another difference between the 2 sets of compounds, indicating that curcumin and NDGA target I $\kappa$ B degradation and NF $\kappa$ B while CDNB and NEM target NF $\kappa$ B alone.

In summary these data establish the mechanism of action of curcumin, NDGA and the thiol modifiers NEM and CDNB as a direct interaction with NF $\kappa$ B itself. This modification can occur in the presence of I $\kappa$ B in intact cells

suggesting that NF $\kappa$ B is the most sensitive thiol of the activation pathway.

## DISCUSSION

This study has shown that the antioxidants NDGA and curcumin inhibit NF $\kappa$ B by direct modification. Modification can occur in the cytosol of intact cells, where NF $\kappa$ B was complexed to I $\kappa$ B, implying that the site of modification was not obscured by I $\kappa$ B. We reached this conclusion from experiments with deoxycholate, in which we found that in cytosolic extracts prepared from drug-treated cells, DNA binding by NF $\kappa$ B as revealed by deoxycholate treatment *in vitro* was inhibited. It is also possible, although less likely, that both agents only reacted with NF $\kappa$ B *in vitro*, following release by deoxycholate. Both NDGA and curcumin also inhibited degradation of I $\kappa$ B $\alpha$ . This could have occurred by either limiting access of the NF $\kappa$ B-I $\kappa$ B complex to the proteasome or blocking proteasome activity directly. This would rule out the need to implicate an anti-oxidant effect by the compounds. Modification of p50 could prevent both degradation of I $\kappa$ B and DNA binding.

For comparison purposes we carried out similar studies with the alkylating agents CDNB and NEM. Important differences were observed. Both agents inhibited NF $\kappa$ B binding but neither CDNB nor NEM inhibited I $\kappa$ B degradation. As they are highly thiol reactive, other thiols would be potential targets for these compounds in intact cells. A recent review has suggested that a number of thiols may be a site of redox control in NF $\kappa$ B activation [27]. As neither compound inhibited I $\kappa$ B degradation however, it is likely that thiols within the activated NF $\kappa$ B complex are the most sensitive thiols in the activation pathway. It has been shown that 2 other alkylating agents, L-1-tosylamido-2-phenylethyl chloromethyl ketone (TPCK) and N<sup>a</sup>-p-tosyl L-lysine chloromethyl ketone (TLCK), which were originally used as serine protease inhibitors to implicate I $\kappa$ B degradation as a key step in NF $\kappa$ B activation, also react directly with NF $\kappa$ B [28]. These agents act by modifying histidine in the active site of serine proteases but are also likely to react with exposed cysteine residues, as in the case of cysteine 62 in p50. This would explain their direct effect on NF $\kappa$ B. However, since neither NEM nor CDNB inhibited I $\kappa$ B degradation it can be assumed that they are acting more selectively than TLCK or TPCK here, and that there are no important thiol groups on proteins leading to I $\kappa$ B degradation.

Another study from this laboratory identified the direct modification of NF $\kappa$ B by herbimycin A in EL4.NOB-1 and Jurkat [18]. Also, the use of pyrrolidine dithiocarbamate and diamide causes a change in the cellular redox status that alters the oxidation state of NF $\kappa$ B [25]. This leads to an inhibition of NF $\kappa$ B-DNA binding. Herbimycin A has been shown to inhibit NF $\kappa$ B directly at cysteine 62 [18]. This may be the site at which NEM and CDNB modify NF $\kappa$ B but the site at which NDGA and curcumin inhibit is unknown. Direct modification of NF $\kappa$ B has been shown to

inhibit gene expression. Herbimycin A inhibited IL-1 $\alpha$  induced interleukin-2 production which requires the activity of NF $\kappa$ B [18]. This demonstrates that the direct modification of NF $\kappa$ B will inhibit cytokine expression. Further, both NDGA and curcumin have been shown to inhibit human immunodeficiency virus long terminal repeat-directed gene expression [29, 30] which is NF $\kappa$ B-dependent. The ability of curcumin to inhibit NF $\kappa$ B may explain some of its identified anti-inflammatory properties [31], as genes such as cyclooxygenase type 2 and the inducible form of nitric oxide synthase are NF $\kappa$ B regulated [32, 33]. NDGA inhibition of NF $\kappa$ B is likely to be the basis for its inhibitory effect on IL2 production, as NF $\kappa$ B is important for IL2 gene regulation [2].

NDGA and curcumin have been shown in previous studies to inhibit NF $\kappa$ B [30, 34] and were identified in this study following a screen of antioxidant compound performed to test the hypothesis that NF $\kappa$ B is activated by a mechanism involving oxygen radicals or oxidative stress. However in our system their inhibitory action seems to correlate strongly with their direct modification of NF $\kappa$ B. This and previous studies [22, 24] suggest that in our system the oxidative stress model of NF $\kappa$ B activation is unlikely to be conserved in all cell types. For example hydrogen peroxide did not induce NF $\kappa$ B in EL4.NOB-1 cells and very high concentrations were required to activate in Jurkat cells [22]. This data suggests that in T-cells, or perhaps in IL-1 $\alpha$  signalling, reactive oxygen intermediates are unlikely to be involved. Singh and Aggarwal also investigated whether curcumin could modify NF $\kappa$ B modification *in vitro* [34]. Unlike our study, they found no effect, although they only tried concentrations up to 20  $\mu$ M. Their experiments were performed in ML-1a leukemic cells. It is therefore possible that the differences are due to cell type, with NF $\kappa$ B in ML-1a cells being less susceptible to modification than in EL4 or Jurkat. Although curcumin and NDGA modified NF $\kappa$ B in our study, their effect on I $\kappa$ B $\alpha$  degradation may have been due to an anti-oxidant effect. In a previous study however, we found that N-acetylcysteine did not inhibit NF $\kappa$ B activated by IL-1 $\alpha$  in EL4.NOB-1 [22]. This may reflect different anti-oxidant properties of NDGA and curcumin over N-acetylcysteine. It is possible that the compounds are more effective than N-acetylcysteine at inhibiting lipid peroxidation. Both agents are well known potent inhibitors of lipid peroxidation [35, 36] and it has been suggested that lipid peroxides may be more important than H<sub>2</sub>O<sub>2</sub> in the activation of NF $\kappa$ B [37]. We reached a similar conclusion in a recent study carried out in the endothelial cell line ECV304 which compared N-acetylcysteine and PDTC [38]. N-acetylcysteine could not prevent lipid peroxidation and did not inhibit NF $\kappa$ B activation by TNF $\alpha$ . PDTC was inhibitory however, because of its ability to block iron-dependent lipid peroxidation. Another possible explanation for the differences between N-acetylcysteine and curcumin or NDGA is that the inhibitory effect on I $\kappa$ B degradation is a product of the direct interactions between these compounds and NF $\kappa$ B.

Recently a direct link between MEKK1 and the I $\kappa$ B $\alpha$  kinase has been identified [12]. MEKK1 may be controlled in a very complex fashion [39] such as rac, cdc42 and PAK. The small G-protein rac has also been suggested to be involved in NF $\kappa$ B regulation via the production of reactive oxygen intermediates [40]. This could explain how reactive oxygen intermediates can activate NF $\kappa$ B in some cell systems. However if different cytokines activate different small G-proteins leading to MEKK and the I $\kappa$ B kinase activation, some may involve reactive oxygen intermediates whereas others may not. Direct inhibition of NF $\kappa$ B could offer a mechanism for inhibition despite many different signaling pathways.

The concentration of NEM used in this study was lower than any of the other inhibitors suggesting that if another step was also inhibited by curcumin and NDGA it is not as sensitive to inhibition as NF $\kappa$ B itself. Herbimycin A was also shown to inhibit at a similar concentration to NEM (2  $\mu$ M) [18]. This suggests that inhibition of NF $\kappa$ B by direct modification may offer the most important and selective mechanism of inhibition perhaps by engineering a compound based on herbimycin A. Compounds that alter the redox state of the cell, such as PDTC and diamide have been shown to trigger a change in the thiol status of NF $\kappa$ B which can be reversed in vitro. However this study shows that NF $\kappa$ B can be modified independent of this redox state. The effect of NEM on NF $\kappa$ B occurs in the absence of significant changes in total glutathione (not shown) which suggests that NF $\kappa$ B is more sensitive to thiol modification than the redox system of the whole cell.

In summary, this study indicates that the NF $\kappa$ B system can be interfered with at two points: inhibition of the activation process (as detected by monitoring I $\kappa$ B degradation) and direct modification of NF $\kappa$ B itself. The main target for alkylating agents appears to be NF $\kappa$ B. Dietary chain-breaking anti-oxidants inhibit activation and also appear capable of modifying NF $\kappa$ B. These compounds and the others identified, TPCK and herbimycin suggest that modification of NF $\kappa$ B may be an important mechanism of inhibition. Furthermore, as all of these agents also inhibit NF $\kappa$ B-driven gene expression, they may prove useful in attempts to design specific inhibitors of NF $\kappa$ B which would have potential as anti-inflammatory agents.

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